

Increasing Intimacy

For Committed Couples

**A workshop for couples
of all ages and orientations**

**Crows Nest Centre,
NSW 2065, Australia
16 & 17 November, 2024
9.30 a.m. – 5 p.m.**



Workshop developers
and presenters
David Howarth and
Sophie Slade, Ph.D.

At the workshop you will learn:

- How to bridge your different levels of desire
- How to communicate effectively about sex
- How to enhance each phase of your sexual arousal cycles
- How to keep sex vibrant as you age
- What may underlie some of your sexual challenges
- How to reintegrate parts of yourself you gave up in response to past messages about your sexuality.
- How to turn sex back into love making
- And much more

Register Now
for this fun and informative
workshop accredited by
Imago Relationships Worldwide

Over the years of being together many couples find their sexual relationship loses much of the passion and excitement they tasted early on. It can at times become functional and repetitive rather than a source of great joy and aliveness. Few couples seem to know how to effectively talk about their frustrations, differences and needs in ways that lead to increased connection and deep mutual understanding rather than conflict and a sense of inadequacy.

IT DOESN'T HAVE TO BE THIS WAY!

Sophie and David create a safe environment for each couple to explore and enhance their intimate relationship, with support when needed. All personal work is done between partners.

Sophie Slade, Ph.D. and David Howarth are life partners and long-term lovers. Over the years they have faced many challenges to their intimate relationship. They are committed to helping couples have an easier time through the ups and downs of a lasting sexual relationship than they did. They share their stories, their humour and their wisdom. Sophie is an Imago senior clinical instructor and David is a regular bloke.

Cost: AU\$850

To register:

<https://imagocounselling.org.au/events/satisfying-sex-for-committed-couples/>

For more information contact:

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